



## Marriage & Family Health Services

### Mikan Program Efficacy Data

**2004-2009**

<b>Number of Clients</b>	296
<b>Average Age</b>	14.6

#### Demographic Data

<b>Trauma Data</b>	<b>Average</b>	<b>Self Harm Data</b>	<b>Average</b>	<b>Family Composition Data</b>	<b>Average</b>
Physical Abuse	56%	Cutting	31.7%	Live with Both Parents	18%
Sexual Abuse	45%	Self Mutilation Other Than Cutting	9.3%	Live with Single Father	3%
Emotional Neglect	65.8%	Suicidal Ideation & Gestures	41.2%	Live with Single Mother	37%
Abandonment	36%	Eating Disorders	11.8%	Live in Foster Care / With Another Family Member	42%
Trauma	93.5%				

#### Therapeutic Data

<b>School Data</b>	<b>Average</b>	<b>Psychological Data</b>	<b>Average</b>	<b>Child Data</b>	<b>Average</b>	<b>Family Data</b>	<b>Average</b>
Excused Absences	↓46.2%	Depression Scores	↓29.4%	Effort in School	↑104.3%	Effort in School	↑147.8%
Unexcused Absences	↓56.7%	Anger Inventory	↓14.1%	Behavior Change	↑123.7%	Behavior Change	↑94.7%
Suspension Days	↓69%	CAFAS Score	↓9.5%	Family Relations	↑93.2%	Family Relations	↑95.3%
Tardiness	↓47.2%			Home Behavior	↑106%	Home Behavior	↑121.7%
Grade Point Average	↑10.1%			AODA Effort	↑109.8%	AODA Effort	↑63.3%
				Taking Responsibility	↑136.2%	Taking Responsibility	↑146.7
				Regulate Affect	↑130.7%	Regulate Affect	↑157.3

				Empathy	↑120.2%	Empathy	↑77%
				Communication	↑135.7%	Communication	↑170.8%

Child Data	2009 (M)	2009 (F)	Parent/Care Giver Data	2009 (M)	2009 (F)
Courage	↑178%	↑227%	Courage	↑122%	↑166%
Determination	↑111%	↑222%	Determination	↑80%	↑63%
Open Mindedness	↑148%	↑148%	Open Mindedness	↑77%	↑157%
Patience	↑130%	↑255%	Patience	↑84%	↑200%
<b>Average Change</b>	<b>↑150%</b>	<b>↑213%</b>	<b>Average Change</b>	<b>↑91%</b>	<b>↑146.5%</b>

\* Data based on one year study